NATIVE AMERICAN LAP BOOK

INCLUDES THE SOUTHEAST WOODLANDS, NORTHEAST WOODLANDS, PLAINS, SOUTHWEST, AND PACIFIC NORTHWEST REGIONS

Tiffanny Male
Color coded the map and added the visuals to each region.
Directions for the lap book and unit:

1. I made a BIG map and labeled the different regions.
2. I colored coded each region and colored my big map the corresponding colors.
3. I cut out and laminated all of the picture cards for each region.
4. I taught 1 region per day. I would start by having the students Color code the map on the front of their lap book. (I found the map on google images, use which ever map you prefer)
5. Then I would teach the students about the region. The pictures and content are connected with McGraw Hill Connect Social Studies.
6. Before I gave my student the foldable I would have them come to the white board and find the pictures that belonged in that region. They would have to explain what the item was before placing it on the map.
7. Then my students would cut out the pictures, put them on the foldable and write in the information.

When using a foldable:
Fold on the dotted lines so the dark black lines show on the front.
The fold in the front should make a different shape. Then cut the little black lines to make the flap.
Glue only the big white rectangle in the middle to the lap book or notebook.
- Clothes made out of deer skin
- Men wore breechcloths
- Women wore leather dresses

- Summer men wore breechcloths and woman wore dresses
- Winter they both wore leggings and robes made of animal fur.

Pottery out of wet clay dug from the ground.

Chickees
Crops corn, squash and beans were used to make a soup or stew.
Buffalo

1. Stretch buffalo skin
2. Clean buffalo skin
3. Left the skin in the sun to dry.

Teepees

Drums
Clothing made out of buffalo skin

Stew with rabbit, deer and antelope meat

- Summer men wore light clothing and woman wore cotton dresses
- Winter they both wore leggings and robes
- Sandals made of yucca plants.

Sandals made of yucca plants
Pueblos

- Summer men wore breechcloths and women wore skirts and capes made of wooden cedar.
- Winter they both wore clothes out of animal skins.
- People went bare foot, even in the winter!

Turquoise jewelry

Totem Poles
Cedar plank houses

Nets made from cedar bark to catch salmon.

Men hunted deer and fished for food.

Celebration called potlatch. Music and dance.
Southeast Woodlands

Housing
People built the roofs of chickees out of leaves or grass.

Practices and Beliefs
Many Southeast Woodlands tribes celebrated the Green Corn Festival to honor the Summer’s first corn crop.

Art
Some Southeast Woodlands tribes made pottery out of wet clay dug from the ground.

Food
Men hunted deer and fished for food. Women dried some of the meat for winter. Women also grew corn and squash.

Clothing
People used deer skin to make their clothing. Men wore breechcloths. Breechcloths are pieces of soft leather. Women wore leather dresses.
Northeast Woodlands

Housing
People used wood to make the frames of their longhouses. Then they used bark to cover the houses. Many families lived in one longhouse.

Art
Some tribes would string together beads made out of shells. These shell beads were called wampum. People used wampum as belts or jewelry.

Food
The most important crops were corn, squash, and beans. People used these crops to make soups and stews.

Clothing
Men wore breechcloths in the summer. Women wore dresses. In the winter, they both wore leggings and robes made from animal furs. Both men and women wore shoes called moccasins. These shoes were made from deerskin.
Plains

Housing
People used tall wooden poles set up in a circle to make their teepees. The poles made a triangle shape. In the center of each teepee there was a fire pit that was used for light and heat.

Food
A stew made from buffalo meat and vegetables was a favorite meal.

Music
People played music on drums and other instruments. Their music told stories about each tribe.

Clothing
People made clothing and moccasins out of buffalo skins.

Daily Chores
Women stretched and cleaned the buffalo skins. Then they left the skins in the sun to dry.
Southwest

Housing
People made pueblos out of adobe bricks. The bricks were made out of clay and straw. As with longhouses, many families lived in each pueblo.

Food
Women made stew with rabbit, deer, and antelope meat.

Clothing
Men wore light clothing and sandals in the summer. Women wore cotton dresses. In the winter they both wore leggings and robes. Both men and women wore sandals made from yucca plants.

Art
Some Southwest tribes were known for their fine turquoise jewelry. Turquoise is a blue stone.
Pacific Northwest

Housing
Most cedar plank houses were built in rows facing the ocean. Each house was home to many families.

Food
People used nets made from cedar bark to catch salmon. They caught enough salmon in the spring to last through the winter.

Practices and Beliefs
People sometimes enjoyed a celebration called a potlatch. They celebrated special occasions with music and dance at a potlatch.

Art
Totem poles told stories of important family members or special events. People carved animals, birds, fish, and important places on the poles.

Clothing
During the summer, men wore breechcloths. Women wore skirts and capes made out of woven cedar. They both wore clothes made out of animal skins in the winter. People usually went barefoot, even in the winter!
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